





MEDICAL STATEMENT

Participant Record (Confidential Information)

increased risks.

Please read carefully before signing.

This is a statement in which you are informed of some potential risks involved in scuba diving and of the conduct required of you during the scuba training program. Your signature on this statement is required for you to participate in the scuba training program offered

by	Instructor		and
	Facility		located in the
city of		, state/province of	·

Read this statement prior to signing it. You must complete this Medical Statement, which includes the medical questionnaire section, to enroll in the scuba training program. If you are a minor, you must have this Statement signed by a parent or guardian.

Diving is an exciting and demanding activity. When performed correctly, applying correct techniques, it is relatively safe. When

Divers Medical QuestionnaireTo the Participant:

The purpose of this Medical Questionnaire is to find out if you should be examined by your doctor before participating in recreational diver training. A positive response to a question does not necessarily disqualify you from diving. A positive response means that there is a preexisting condition that may affect your safety while diving and you must seek the advice of your physician prior to engaging in dive activities.

	Could you be pregnant, or are you attempting to become pregnant?			
	Are you presently taking prescription medications? (with the exception of birth control or anti-malarial)			
	Are you over 45 years of age and can answer YES to one or more of the following? • currently smoke a pipe, cigars or cigarettes • have a high cholesterol level • have a family history of heart attack or stroke • are currently receiving medical care • high blood pressure • diabetes mellitus, even if controlled by diet alone			
Have you ever had or do you currently have				
	Asthma, or wheezing with breathing, or wheezing with exercise?			
	Frequent or severe attacks of hayfever or allergy?			
	Frequent colds, sinusitis or bronchitis?			
	Any form of lung disease?			
	Pneumothorax (collapsed lung)?			
	Other chest disease or chest surgery?			
	Behavioral health, mental or psychological problems (Panic attack, fear of closed or open spaces)?			
	Epilepsy, seizures, convulsions or take medications to prevent them?			

Recurring complicated migraine headaches or take medications to pre-

Frequent or severe suffering from motion sickness (seasick, carsick,

Blackouts or fainting (full/partial loss of consciousness)?

The information I have provided about my medical history is accurate to the best of my knowledge. *I agree to accept responsibility for omissions regarding my failure to disclose any existing or past health condition.*

Date

out of condition. Diving can be strenuous under certain conditions. Your
respiratory and circulatory systems must be in good health. All body air
spaces must be normal and healthy. A person with coronary disease, a
current cold or congestion, epilepsy, a severe medical problem or who is
under the influence of alcohol or drugs should not dive. If you have
asthma, heart disease, other chronic medical conditions or you are tak-
ing medications on a regular basis, you should consult your doctor and
the instructor before participating in this program, and on a regular basis
thereafter upon completion. You will also learn from the instructor the
important safety rules regarding breathing and equalization while scuba
diving. Improper use of scuba equipment can result in serious injury.
You must be thoroughly instructed in its use under direct supervision of
a qualified instructor to use it safely.

To scuba dive safely, you should not be extremely overweight or

established safety procedures are not followed, however, there are

If you have any additional questions regarding this Medical Statement or the Medical Questionnaire section, review them with your instructor before signing.

Please answer the following questions on your past or present medical history
with a YES or NO. If you are not sure, answer YES. If any of these items apply
to you, we must request that you consult with a physician prior to participating ir
scuba diving. Your instructor will supply you with an RSTC Medical Statement
and Guidelines for Recreational Scuba Diver's Physical Examination to take to
your physician.

nysician.
 Dysentery or dehydration requiring medical intervention?
 Any dive accidents or decompression sickness?
 Inability to perform moderate exercise (example: walk 1.6 km/one mile within 12 mins.)?
 Head injury with loss of consciousness in the past five years?
 Recurrent back problems?
 Back or spinal surgery?
 Diabetes?
Back, arm or leg problems following surgery, injury or fracture?
 High blood pressure or take medicine to control blood pressure?
Heart disease?
 Heart attack?
 Angina, heart surgery or blood vessel surgery?
 Sinus surgery?
 Ear disease or surgery, hearing loss or problems with balance?
 Recurrent ear problems?
 Bleeding or other blood disorders?
 Hernia?
 Ulcers or ulcer surgery ?
 A colostomy or ileostomy?
 Recreational drug use or treatment for, or alcoholism in the past five years?

Signature PRODUCT NO. 10063 (Rev. 9/01) Ver. 2.0

Signature of Parent or Guardian

Date