

Roatan Aggressor

QUICK REFERENCE – AIRPORT, TRANSFERS & FEES

Recommended Arrival/Departure – Roatan's international airport (RTB), officially, Juan Manuel Gálvez International Airport. Upon arrival after you clear customs, guests should take a taxi to Romeo's Restaurant, which is where the Roatan Aggressor docks. The taxi ride from the airport to Romeo's Restaurant, located in French Harbor is 20 minutes and costs about USD \$20. Transfers are not included. As with any airport, it is best to keep ahold and track of your luggage and personal items.

BOARDING: Guests may board on Saturday (7 night trips) from 3:30 pm - 6:00 pm. If you arrive prior to this time, you may store your bags at Romeos Restaurant. All guests should be onboard no later than 6.00 pm.

DEPARTURE: Saturday morning, check out is at 8 am. Guests will be served a continental breakfast then have two options:

- **Option 1:** The staff can arrange a taxi (not included) from the yacht to the airport or a hotel if you are extending your stay.
- Option 2: A 'day package' can be purchased on the Roatan Aggressor that will include transportation from the yacht to the Clarion Resort where guests can enjoy the beautiful facilities. The cost is \$45 plus tax and includes transportation from the yacht to the Clarion, lunch, use of the facilities and transportation to the airport.

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FEES & TAXES: A port/park fee of \$125 for 7-nights and \$185 for 10-nights will be collected at the beginning of the week in **CASH**. All onboard purchases including courses, boutique, etc. will incur a 19% VAT tax. The yacht accepts MC/Visa and cash.

The DESTINATION

WHERE IS ROATAN: The Bay Islands of Honduras are nestled in the southwest corner of the Caribbean, about 30 miles north of Honduras. The outstanding coral reef system is part of the second largest barrier reef in the world, which includes the islands of Roatan, Utila and Cayo Cochinos. These islands feature dramatic drop offs, walls, vibrant corals, multicolored tropical fish, giant sponges and pelagic species such as eagle rays, reef sharks, moray eels, and sea turtles. From mid February – April and August – October, frequent sittings of whale sharks are seen. Each island offers different underwater experiences with it being a year round diving destination.

ROATAN AGGRESSOR INCLUDES: All staterooms are air-conditioned and fitted with private bathrooms and showers. Breakfast (cooked to order), buffet lunch and an elegant meal at dinner with tableside service are served in addition to fresh mid- morning and mid-afternoon snacks. Beverages (alcoholic and non-alcoholic) are complimentary while onboard. The yacht is equipped with 110 volt/USB outlets and hairdryers in each stateroom. Linens are changed mid- week and fresh towels are placed in each stateroom as needed. Filled tanks, weights and weight belts are included.

ITINERARY: Guests should fly in and out of Roatan, Bay Islands of Honduras (Airport Code **RTB**). Throughout the week you will be diving many beautiful sites located on the second largest barrier reef in the world including Roatan's West End walls, the south and north side shallow reefs and drop offs, wreck of the El Aguila, reef gardens of Cayos Cochinos, shallow peaked Seamounts off the southeast end of Utila, and north and south sides of Utila. The itinerary is completely dependent on the winds and weather. With all dives from the mother ship, unlimited diving is offered. Diving begins Sunday morning and ends Friday around noon when the Roatan Aggressor returns to dock in French Harbor. The Roatan Aggressor hosts a sunset cocktail party Friday evening at 6 p.m. Dinner is not served onboard which is the only meal not provided with the cruise. Romeo's Restaurant is located yacht docks Fri/Sat and is an island favorite or there are many other local restaurants within a short taxi ride from the dock. Throughout the week there will be opportunities to go ashore for swimming, snorkeling and beach combing.



WELCOME: Please download the most recent "Know Before You Go" prior to traveling. The Reservations Office and Roatan Aggressor are in constant communication. In the event of an emergency, family and friends may contact you at the above numbers. There is a satellite phone onboard; however, it does not have a recorder. We recommend you pack a swimsuit, change of clothes, medication and toiletries in your carry on bag. Having these few items with you can make an unexpected luggage delay more bearable.

PASSPORTS & DOCUMENTATION: Visitors must have a current passport, adequate funds to support themselves, and a return airline ticket to travel to Roatan, Bay Islands of Honduras. Travelers must have a passport that is valid for 6 months from the end date of your travels back home. It is the travelers' responsibility to ensure they have the proper documentation to travel into each country on his or her itinerary as well as for re-entry and return to their country. Please check with the appropriate consulate to ensure you have the proper documentation. Always check your passport and visa requirements. US citizens may go to the US Department of State website at www.travel.state.gov for more information. The website also has information for consulates by country to assist with requirements. There are special requirements for children leaving the US and many countries have adopted requirements for the protection of children. Since regulations vary by country, contact your consulate or embassy of your country for the requirement. The Reservation Office and staff cannot assume responsibility for passengers not having correct documentation.

C-CARDS & DIVE THE WORLD CLUB: Remember to bring your c-card or proof of certification. The divemaster requires proof of certification before the first dive. If you are a repeat guest, you are automatically enrolled in the Dive the World Club and will receive onboard discounts. Your membership is indicated on the Captain's rooming list.

GIS: The Reservations office and the Roatan Aggressor require each guest to complete an Application and Waiver prior to departure and boarding through the online GIS (Guest Information System). If you have not received a link to complete the online Guest Information System (GIS), please call an Aggressor Liveaboards agent. *Passengers who fail to complete it will be denied boarding*. Many Aggressor destinations require passenger information for itinerary approval in advance.

TELEPHONE/INTERNET SERVICE/EMAIL: There is a computer station and satellite phone onboard. It is likely your cell phone/email will work depending on your service provider; however, we suggest you check with your provider prior to traveling. If you need to send an email, you may use the boats email account. Web browsing is not available.

INSURANCE: We strongly recommend each guest purchase comprehensive accident, medical, baggage and trip cancellation and interruption insurance when space is reserved. Trip insurance will protect you from financial disappointment if you are prevented from making your scheduled trip due to illness, family illness or in the event that unforeseen circumstances prevent the airline or yacht from making its scheduled trip. In the event you cancel your trip, be familiar with Aggressors policies.

HEALTH: The Roatan Aggressor has a first aid kit onboard, including oxygen and an AED. You may want to bring motion sickness medication if you feel you will need it. We suggest you bring over-the-counter motion sickness medication or consult your doctor about prescription brands, such as the trans-dermal patch or Scopace tablets. Currents and winds may cause moderate movement of the yacht at times. We recommend a complete physical before your trip. The recompression chamber is located on the island of Roatan. Aggressor Liveaboards and their staff are unable to accept any medication brought onboard for safe keeping including those that require refrigeration. Should a guest have a medication requiring temperature control, they will need to travel with a travel cooling case or small storage cooler with several blue ice packets. The crew will be happy to store and recharge the blue ice but are unable to accept possession of or responsibility for the proper care and storage of medication. This should be kept in your stateroom.

There is NO smoking allowed inside the yacht or on the dive deck. Smoking is only permitted on the rear of the sun deck.

he LIVEABOARD LIFESTYLE

THE YACHT: The Roatan Aggressor IV is a 120' power yacht with a 22' wide beam. Built and powered for comfort, safety and stability, she is diesel-powered, cruises at 10 knots and has 110-volt power onboard. Accommodations include 1 master stateroom with a queen bed, 8 deluxe staterooms; 7 having a double and single berth, and one having 2 twin beds. All staterooms have climate controls, private bathrooms and showers The Roatan Aggressor sleeps 18 guests in privacy and comfort. She features a roomy, air conditioned salon and dining area, sun deck complete with a hot tub, lounge and deck chairs, stereo (has an IPod plug-in), shaded wet bar and grill, a complete photo center with a digital video and still photo editing computers. Diving amenities include Nitrox (unlimited Nitrox is \$100 per week or \$150 for 10 night trips), individual dive lockers, camera table with low-pressure air hoses, and two hot, fresh water showers on the dive platform. The Roatan Aggressor has a safe aboard to store valuables such as passports, cash, credit cards or anything else you would like to store. The yacht is not responsible any lost, damaged or stolen items. We highly recommend extremely caution and care be taken if you plan to travel onboard with electronic equipment. This equipment should always be stowed after use to avoid the risk of damage.

FOOD: The menu onboard is varied and plentiful, with fresh local fruits and veggies, island seafood, and local grown meats serving Caribbean and American feasts, barbecues and local cuisine. If you have any special dietary restrictions, please be sure these are noted when completing the GIS. You will awaken to fresh fruits, local specialties, hot entrees, cereals and juices. Lunches are buffet-style, featuring hot soups, homemade breads, salads and sandwiches and/or entrees. Chef prepared dinners are seated and served each evening including: salads, vegetables, fresh local seafood, beef or chicken with fresh homemade desserts. Once onboard, please speak to the chef about any special needs. Certain special dietary and beverage requests may not be available due to the remote nature of this location.

BEVERAGES: Includes: fruit juices, soft drinks, iced water, iced tea, coffee, and a limited selection of local beer and wine, which are complimentary. Due to the high duty charged on liquor, we suggest you bring your special brand from the U.S. or last duty free port. Due to local regulations; the bar will be closed while the boat is in port. Drinking and diving do not mix. Once you consume alcohol, you become a sunbather until the next day.

PACKING: Clothing should be lightweight, comfortable sportswear; sunscreen and swimsuits are a must. A light sweater or jacket is ideal for evenings. Dress is always casual and informal. Additional items you may want to bring are sunglasses and walking shoes for you time on shore.

REEF SAFE SUNSCREEN: It is suggested to use a sunscreen that is "coral safe". Note that "mineral-based" or "organic" sunscreens are not necessarily safe for corals. Research indicates that common chemicals found in sunscreens cause DNA damage, promote viruses, and contribute to bleaching of corals. We recommend Stream2Sea products or other sunscreens that do not contain the following common reef-harming ingredients: oxybenzone, octinoxate, octocrylene, 4MBC, or butylparaben. The most effective sun protection is to simply "cover up" and wear a hat and SPF rated long sleeve performance shirt or rash guard.

ENTERTAINMENT: There is a variety of nightly entertainment, including diving, fish identification presentations, movies, games and more. If you have a favorite movie, digital presentation or a video to share, we encourage you to bring it along. The crew especially loves new releases of movies, recent magazines and books. A small library of books for exchange is maintained onboard as well as fish identification books for reference.



DIVING CONDITIONS: You will be diving in water that averages 82°F in the summer months and approximately 78°F in the winter months. Most guests make as many as 5 dives each day, so some sort of protection is needed. A 1-3mm wetsuit or shorty is recommended year round, however some people prefer a 5mm in January/February. All diving is from the mother ship.

DIVING: The crew of the Roatan Aggressor, with their unique combination of talents, offers the ultimate service. While onboard, you may pick a buddy of your choice, or dive with one of the crewmembers. The yacht offers up to five dives per day (2 on the last day) including night dives. There is ample storage space for your diving equipment in your personal locker. The Roatan Aggressor provides 80 cubic ft. tanks, weight belts and weights. The stern and platform area is very spacious. The boarding ladders were designed for convenience to allow divers easy entries and exits. Enjoy fresh water showers on the back deck after your dives and dry off with a warm towel. All diving onboard the Roatan Aggressor should be within the limits and standards of the training agency that certified you. All dives should be planned no decompression dives.

DIVING SUPERVISION: You've chosen a Liveaboard vacation for the diving freedom that it offers. While in the water, you and your buddy are in charge. Every dive starts with a dive briefing from our staff. However, as a certified diver, you and your buddy are responsible for planning and conducting your own dives within the limitations set forth by the briefing. The staff will be on the dive deck providing surface support for divers. The yacht will also have staff in the water offering support, u/w photography and videography, and critter spotting services as well. On some dive sites a staff member will offer to lead a group and assist them in locating specific points of interest. However, the yacht does not offer direct supervision of dives. If you start out with a group, as long as you and your buddy remain in contact with each other and are ok – you may follow your own dive plan. Divers who desire more personal attention and structured/supervised dives should consider taking one of the yachts numerous specialty courses. An underlying skill featured in all of specialty training is planning, executing, and debriefing after your dive in order to build a more confident diver.

DIVE GEAR SUGGESTIONS: We suggest you pack the following: mask, fins, snorkel, regulator with pressure gauge, depth gauge, buoyancy compensator, dive computer, dive light, mirror, safety sausage, Dive Alert and/or other safety devices. Dive computers are mandatory for each guest. Each piece of gear should be marked with waterproof paint or tape.

CONSERVATION LAWS: The yacht does not allow spear fishing or collecting of any kind.



RENTAL DIVE EQUIPMENT: A full line of Aqualung rental gear is available aboard

including regulators, BCs, dive computers, and night-lights (wetsuit rentals are not available). If any of your dive equipment fails while onboard, the crew will loan you equipment free of charge.

CERTIFICATION & SPECIALTY COURSES: Several diving specialty courses are offered onboard including Nitrox, Advanced Open Water, UW Photography, and more. Open Water Certification Courses & Check-Out Dives are offered as well.

PHOTO/VIDEO EQUIPMENT: The Roatan Aggressor offers a complete digital photo facility including a PC for downloading photos. The photo pro is available for free coaching with equipment rentals. Photo equipment is available to rent separately or as a complete set up. The Roatan Aggressor has a strobe charging station and a large camera table available for your camera and video equipment. Guests should bring their own battery chargers.

UNDERWATER VIDEO: The Video Professional can capture your diving adventure onboard the Roatan Aggressor to share with family and friends for \$65.

SHIPS BOUTIQUE & CREDIT CARDS: There is a boutique onboard the yacht, which sells a selection of logo clothing including t-shirts, caps, and miscellaneous items. One day during the week, the crew will have a 'boutique day'. Onboard sales will be subjected to a 19% sales tax. The Roatan Aggressor accepts cash, Visa, & MasterCard. Sorry, no personal checks, travelers checks, AMEX or Discover Cards.

CHECK OUT & DEPARTURE

FRIDAY: Friday morning the Captain or assistant will collect payment for onboard purchases made throughout the week. After 2 dives, the Roatan Aggressor will return back to port to provision and fuel for the following week. This is your opportunity to enjoy one of the many local attractions or go island sightseeing. The Roatan Aggressor hosts a sunset cocktail party Friday evening at 6 p.m. Dinner is not served onboard which is the only meal not provided with the cruise. Romeo's Restaurant at the dock is an island favorite and there are other local restaurants.

GRATUITIES: Crew gratuities are not included in the charter. We believe gratuities should be voluntary and based upon the quality of service the crew has provided. When settling your account Friday morning, the Captain will have an envelope for gratuities that will be divided equally among the crew. Payment can be made by cash, MC or Visa credit card.

CHECKOUT: Check out is Saturday morning at 8:00 a.m. A local continental breakfast will be offered prior to departing. The crew will assist with arranging transportation to the airport (not included) or to the host hotel (complimentary). Guests with an afternoon flight may enjoy the services of the host hotel and arrange a taxi to the airport from there.