

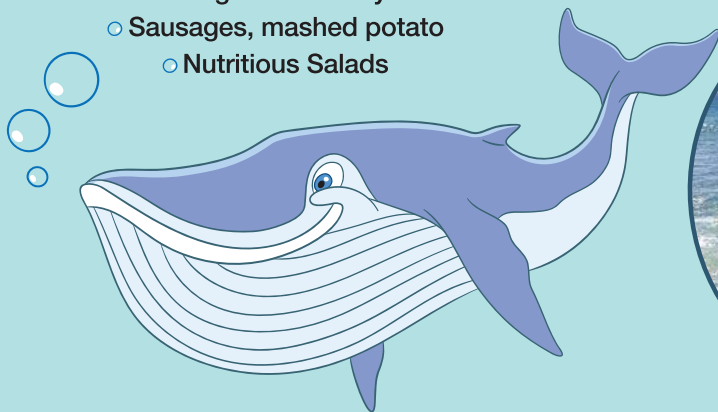


## Kid's menu

6.00pm

We offer an early Kids Dinner  
Captain Cook Saloon.

- Spaghetti Bolognese
- Shepherd's Pie / Pizza
  - Burgers
  - Fish
  - Chicken
  - Chips
  - Fried rice
- Vegetable stir fry
- Sausages, mashed potato
- Nutritious Salads



Food that is nutritious and fun  
+ we cater for special Diets.



Captain Cook  
Cruises™

# Captain's Kids Club



## Terms & Conditions

### Child Policy

- All children must be under the supervision of an adult at all times to the satisfaction of the ship's Master and must be able to swim unaided
- Captains Kids Club is provided on board for children 5 - 9 years inclusive at the following times:  
9am - 12noon, 2pm - 5pm, 6pm - 9pm.



Captain Cook  
Cruises™  
FIJI'S CRUISE LINE

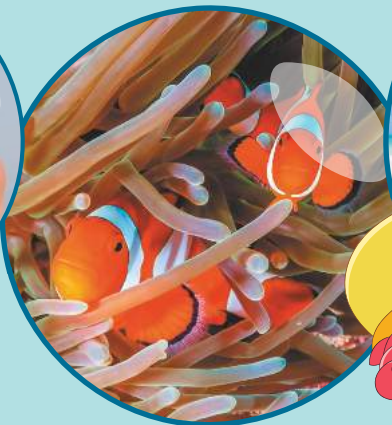
Discover  
the Fiji fun!



## Explore & learn – daily activities guide



Time	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday
9 - 11:30am	Beach activities Snorkeling lessons	Beach activities Shell collecting	Beach activities Football at school	Beach activities Snorkeling lessons	Beach activities Sand castle building	Beach activities Treasure hunt	Beach activities Shark feeding
12:30 - 1pm	Lunchtime	Lunchtime	Lunchtime	Lunchtime	Lunchtime	Lunchtime	Lunchtime
2 - 4:30pm	Beach activities Touch Rugby (Local Fijian Game)	Beach activities Egg throwing competition	Beach activities Cave swim	Beach activities Hermit crab collecting	Beach activities Beach soccer	Beach activities Three sticks (Local Fijian Game)	Beach activities Butako Sui (Local Fijian Game)
6 - 7pm	Kids dinner	Kids dinner	Kids dinner	Kids dinner	Kids dinner	Kids dinner	Kids dinner
7 - 8:30pm	Balloon dance	Limbo	Hat weaving	Hermit crab race	Story telling (Fijian legends)	Meke practice	Meke practice
8:30 - 9pm	Movies	Movies	Movies	Movies	Movies	Movies	Meke with crew



## Optional activities

### Padi Bubblemaker

#### Who should take this program?

Bubblemaker is as fun as it sounds – a chance for kids to blow bubbles by scuba diving. Children who are at least 8 years old can use scuba gear to breathe underwater and swim around in shallow water.

Kids must be comfortable in the water, but no prior experience is necessary. Parental approval is required.

#### Bubblemakers get a chance to:

- Experience scuba diving under the direct care and supervision of a PADI Pro.
- Take their first breaths underwater in water shallower than 2 metres/6 feet.
- Learn about and use scuba diving equipment made for children – not adults.

### Kidzpa

#### Treat your little ones with a KIDZPA treatment.

Children can choose from massage, mini manicure, mini pedicure, hair braiding and a range of temporary tattoos.

**Lil Lawa Workshops**  
FJ\$45.00

**Nail Art**  
FJ\$15.00

**Mini Massage**  
FJ\$1.00 per min

**Hair Braiding**  
FJ\$3.00 per braid

**Lil' Lewa facial**  
FJ\$25.00

**Corn Braids**  
FJ\$5.00 per braid

**Mini Mani**  
FJ\$20.00

**Temporary tattoos**

### Mocktail Mania

Mocktail Mania FJ\$20.00

Have some fun by creating your own Mocktail!.

### Welcome kid's package

Cap, beach bag, T-shirt - FJ \$65.00.